

# Longview Safety City Teacher Resource Guide Pedestrian Safety



**Educating children and families about safety in a creative, fun, interactive environment, to reduce the number of preventable injuries.**

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# PEDESTRIAN SAFETY

## LEARN TO BE A WISE WALKER



Everyone is a pedestrian at some point in his or her trip, whether it is from the doorstep to the bus stop, from the parking lot to the office or taking the dog for a walk in the neighborhood.

The definition of a pedestrian is “any person afoot or any person in a wheelchair, either manual or mechanical, specifically for use by a physically disabled person.”

Walking is great exercise – you can go almost anywhere on your own two feet! But walking can also be dangerous if you don't know some safety tips.

- Always walk on the sidewalk. If there is no sidewalk and you have to walk in the road, always walk **FACING** traffic, so you can see the cars and what they are doing.
- Dress to be seen. Brightly colored clothing makes it easier for drivers to see you during the daytime. At night, you need to wear special reflective material on your shoes, cap or jacket to reflect the headlights of cars coming towards you.

Tips for crossing the street:

- Cross only at corners or marked crosswalks. The crosswalk is the safest place to cross, but if there is no crosswalk, cross at the corner. Never take a shortcut across the street.
- Stop at the curb, or the edge of the road.
- Stop and look **LEFT**, then **RIGHT**, then **LEFT** again, before you step into the street. You must also **LISTEN** for motor vehicles.
- If you see a car, wait until it goes by. Then look left, right and left again until no cars are coming.
- If a car is parked where you are crossing, make sure there is no driver in the car. Then go to the edge of the car and look left-right-left until no cars are coming. Keep looking for cars while you are crossing, and remember, **WALK**. Don't run!



## 5 Steps to Safely Crossing the Street

1. Stop.
2. Look both ways.
3. Listen for traffic.
4. Wait until the street is clear and all traffic has stopped.
5. Make eye contact with drivers to be sure they see you.

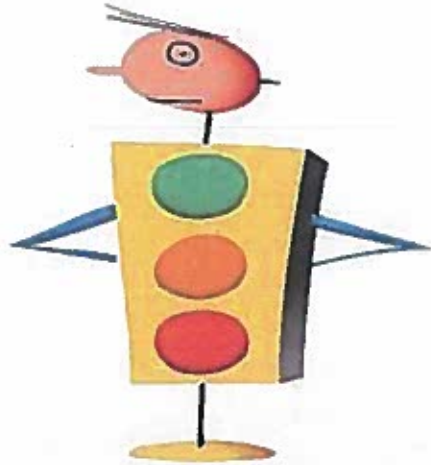
## Pedestrian Traffic Signals



The flashing upraised hand is a warning to people who have not yet entered the intersection. It means that it is too late to start to cross the street before the traffic signal changes. If the flashing hand begins while you are crossing, continue walking.

“Finish on Flash” means quickly finish crossing if the light starts flashing – but do not start crossing.

- Do not get frightened and return to where you started.
- Start on a “fresh green” which allows for maximum crossing time.



Green – look for turning cars and then go.

Yellow – wait

Red – stop

Stop, look and listen before you cross the street!  
Use your eyes, then your ears before you use your feet!



## Secret Code

Safety should never be a secret. Use the number code below to spell out the message about Pedestrian Safety.

1=r	14=o
2=c	15=e
3=f	16=g
4=z	17=n
5=b	18=i
6=m	19=x
7=a	20=t
8=d	21=p
9=y	22=l
10=v	23=q
11=j	24=u
12=s	25=k
13=h	26=w



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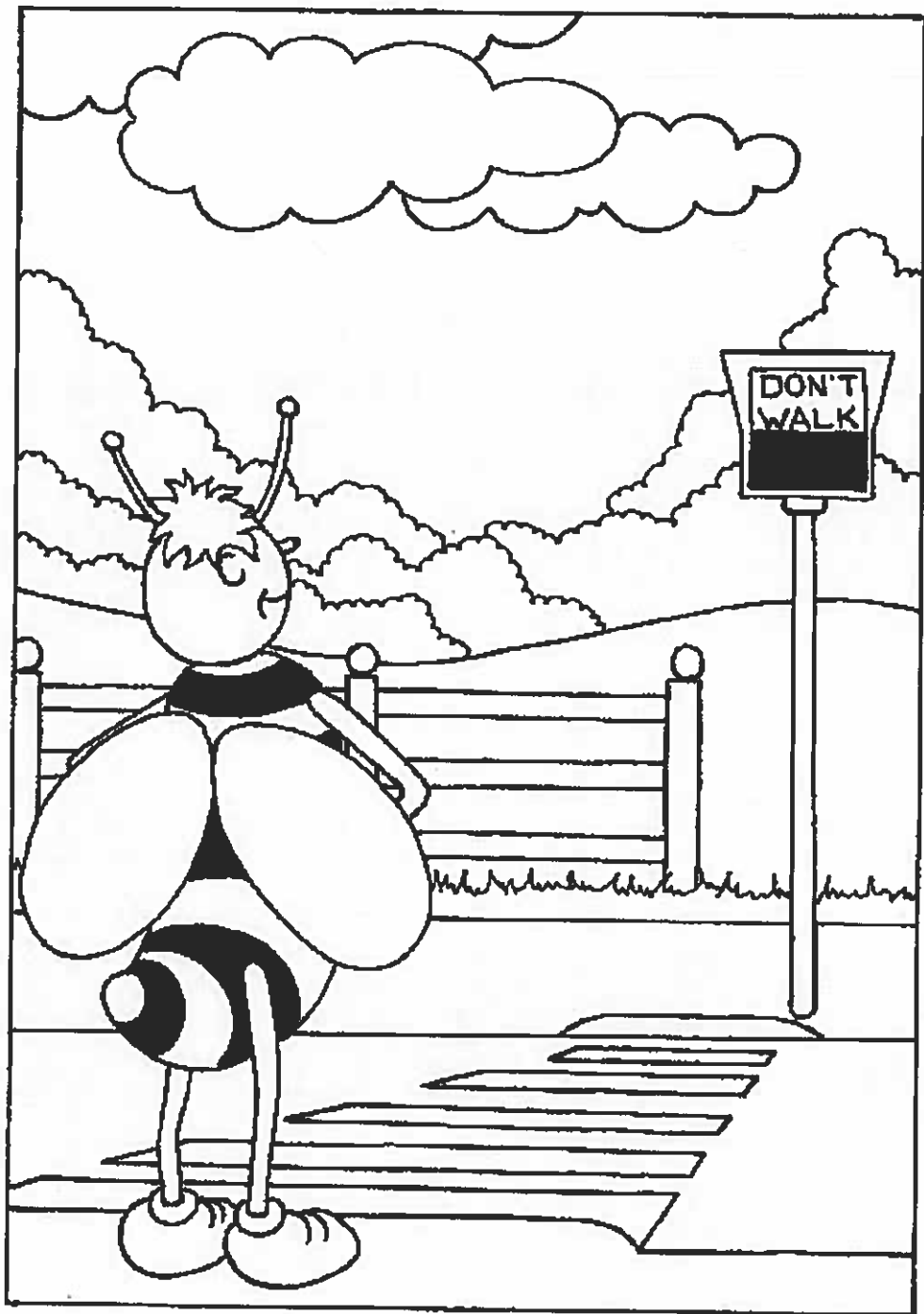
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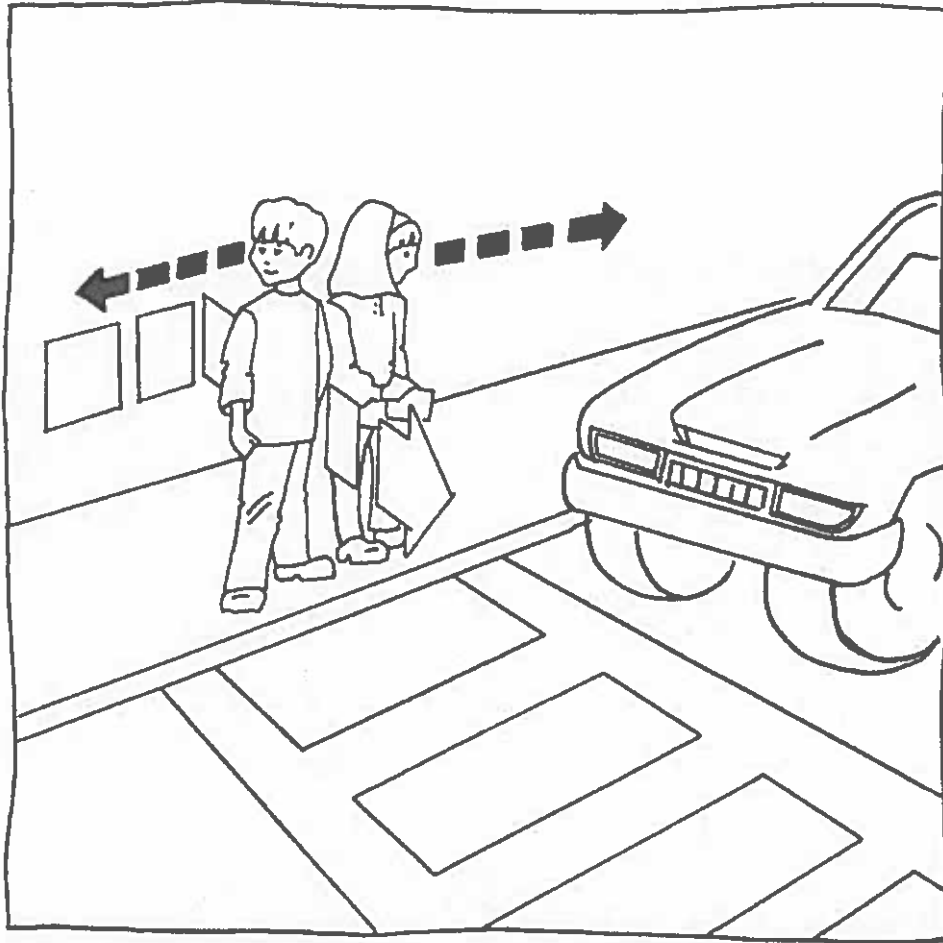
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9=y	22=l
10=v	23=q
11=j	24=u
12=s	25=k
13=h	26=w



\_S\_T\_O\_P\_,\_A\_N\_D\_L\_O\_O\_K\_  
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# Look left-right-left.



**Before you cross, STOP! Look both ways for cars.  
At the edge of the parked cars, STOP AGAIN!!!  
Look left-right-left before stepping out into the  
street.**